

MON	TUE	WED	THU	FRI	SAT	SUN
						8AM Yoga Sculpt Open Level Laura
9:30 AM Yoga Calisthenics Liliya	9:30 AM Vinyasa 360 Level 2 Mano	9:30 AM Hatha Yoga Open Level Mano	9:30 AM Vinyasa 360 Level 2 Mano	9:30 AM Yoga Calisthenics Liliya	9:30 AM Yoga Calisthenics Liliya	9:30 AM Vinyasa Open Level Mano
11:30 AM Somatic Flow Open Level Foreste	11:30 AM Vinyasa Open Level Sofia	11:30 AM Kundalini Open Level Adriana	11:30 AM Chill Flow Open Level Rivki	11:30 AM Kundalini Open Level Adriana	11AM Aerial Yoga Open Level Ganapati	11:30 AM Kundalini Reset Open Level Crystal
		1PM Guided Meditation Claudia				
5PM Restorative & Soundbath Guest Teachers	5PM Beginner Level 1 Vanny	5PM Power Level 1 Zahra	5PM Hatha Level 1 Victoria	5PM Restorative & Soundbath Foreste		
6:15PM Hatha Open Level Madeline	6:15PM Qigong, Breath & Meditation Yelyzabeta	6:15 PM Aerial Open Level Anzhela	6:30PM Vinyasa Women Only Madeline	6:15PM Aerial Open Level Susan		
7:30PM Vinyasa Open Level Mano	7:45PM Restorative & Soundbath Adriana	7:30PM Power Open Level Zahra	7:45PM Restorative & Soundbath Adriana	Special Events Monthly Check online		7:30PM Restorative & Soundbath Cinthia



PRICING	
New Student Special	
6 classes (2 weeks)	\$85
One Time Options	
Single Class	\$35
5 Classes (5 weeks)	\$160
10 Classes (10 weeks)	\$300
3 Month Membership	
4 Classes/ Month	\$110
8 Classes / Month	\$200
16 Classes / Month	\$300
6 Month Membership	
4 Classes/ Month	\$100
8 Classes / Month	\$180
16 Classes / Month	\$280
Special Discounts	
Seniors & Students	
Discounted drop in:	\$25