

MON TUE WED THU FRI SAT SUN

						8AM Yoga Sculpt Open Level Laura
9:30 AM Yoga Calisthenics Lily	9:30 AM Vinyasa 360 Level 2 Mano	9:30 AM Hatha Yoga Open Level Mano	9:30 AM Vinyasa 360 Level 2 Mano	9:30 AM Yoga Calisthenics Lily	9:30 AM Yoga Calisthenics Lily	9:30 AM Vinyasa Open Level Mano
11:30 AM Somatic Yoga Open Level Foreste	11:30 AM Vinyasa Open Level Sofia	11:30 AM Kundalini Open Level Adriana	11:30 AM Chill Flow Open Level Valentina	11:30 AM Kundalini Open Level Adriana	11 AM Aerial Yoga Open Level Ganapati	11:30 AM Kundalini Reset Open Level Rebecca
		1 PM Meditation Tools Open level Valentina				
5 PM Restorative & Soundbath Bernice	5 PM Beginner Yoga Donation Based Student Teacher		5 PM Hatha Yoga Open Level Victoria			
6:15 PM Hatha Yoga Open Level Madeline	6:15 PM Qigong, Breath & Meditation Mano	6:15 PM Aerial Yoga Open Level Anzhela	6:30 PM Vinyasa Women Only Madeline	6:15 PM Aerial Yoga Open Level Susan		
7:30 PM Vinyasa Open Level Mano	7:45 PM Restorative & Soundbath Adriana	7:30 PM Hatha Yoga Open Level Cheli	7:45 PM Restorative & Soundbath Adriana	Special Events Monthly Check online		7:30 PM Restorative & Soundbath Cinthia



# PRICING

## New Student Special

6 classes (2 weeks) \$85

## One Time Options

Single Class \$35

5 Classes (5 weeks) \$160

10 Classes (10 weeks) \$300

## 3 Month Membership

4 Classes/ Month \$110

8 Classes / Month \$200

16 Classes / Month \$300

## 6 Month Membership

4 Classes/ Month \$100

8 Classes / Month \$180

16 Classes / Month \$280

## Special Discounts

Seniors & Students  
Discounted drop in: \$25