| MON | TUE | WED | THU | FRI | SAT | SUN |
|---|---|---|---|---|---|---|
| | | | | | | **8 AM**<br>**Yoga Sculpt**<br>Open Level<br>Laura |
| **9:30 AM**<br>**Conscious Flow**<br>Open Level<br>Sandra | **9:30 AM**<br>**Vinyasa 360**<br>Level 2<br>Mano | **9:30 AM**<br>**Haṭha Yoga**<br>Open Level<br>Mano | **9:30 AM**<br>**Vinyasa 360**<br>Level 2<br>Mano | **9:30 AM**<br>**Jivamukti Yoga**<br>Open Level<br>Ganapati | **9:30 AM**<br>**Beginner Yoga**<br>Open Level<br>Ganapati | **9:30 AM**<br>**Vinyasa**<br>Open Level<br>Mano |
| **11:30 AM**<br>**Yoga for Longevity**<br>Susan | **11:30 AM**<br>**Chill Flow**<br>Open Level<br>Bharati | **11:30 AM**<br>**Kundalini**<br>Open Level<br>Adriana | **11:30 AM**<br>**Chill Flow**<br>Open Level<br>Valentina | **11:30 AM**<br>**Kundalini**<br>Open Level<br>Adriana | **11 AM**<br>**Aerial Yoga**<br>Open Level<br>Ganapati | **11:30 AM**<br>**Yin Bliss**<br>Open Level<br>Bharati |
| | | **1PM**<br>**Meditation Tools**<br>Open level<br>Valentina | | | | |
| **5 PM**<br>**Restorative & Soundbath**<br>Bernice | **5 PM**<br>**Kundalini**<br>Open level<br>Rum | | **5 PM**<br>**Haṭha Yoga**<br>Open Level<br>Victoria | | | |
| **6:15 PM**<br>**Haṭha Yoga**<br>Open Level<br>Madeline | **6:15 PM**<br>**Vinyasa**<br>Open Level<br>Sofia | **6:15 PM**<br>**Qigong, Breath & Meditation**<br>Mano | **6:15 PM**<br>**Candlelight Yin**<br>Open Level<br>Rum | **6 PM**<br>**Aerial Yoga**<br>Open Level<br>Susan | | **6 PM**<br>**Yogi Book Club**<br>Check Dates<br>Madeline |
| **7:30 PM**<br>**Vinyasa**<br>Open Level<br>Mano | **7:45 PM**<br>**Restorative & Soundbath**<br>Adriana | **7:30 PM**<br>**Haṭha Yoga**<br>Open Level<br>Cheli | **7:45 PM**<br>**Restorative & Soundbath**<br>Adriana | | | **7:30 PM**<br>**Kundalini Reset**<br>Open Level<br>Rebecca |

AYAMA
YOGA
HEALING ARTS

# PRICING

## New Student Special

| | |
|---|---|
| 6 classes (2 weeks) | $85 |

## One Time Options

| | |
|---|---|
| Single Class | $35 |
| 5 Classes (5 weeks) | $160 |
| 10 Classes (10 weeks) | $300 |

## 3 Month Membership

| | |
|---|---|
| 4 Classes/ Month | $110 |
| 8 Classes / Month | $200 |
| 16 Classes / Month | $300 |

## 6 Month Membership

| | |
|---|---|
| 4 Classes/ Month | $100 |
| 8 Classes / Month | $180 |
| 16 Classes / Month | $280 |

## Special Discounts

Seniors & Students

| | |
|---|---|
| Discounted drop in: | $25 |