

MON	TUE	WED	THU	FRI	SAT	SUN
						8AM Hatha Yoga Level1 Laura
1PM Conscious Flow Open Level Sandra	9:30 AM Vinyasa 360 Level2 Mano	9:30 AM Hatha Yoga Open Level Mano	9:30 AM Vinyasa 360 Level2 Mano	9:30 AM Jivamukti Yoga Open Level Ganapati	9:30 AM Beginner Yoga Open Level Ganapati	9:30 AM Vinyasa Open Level Mano
11:30 AM Yoga for Longevity Susan	11:30 AM Chill Flow Open Level Bharati	11:30 AM Kundalini Open Level Adriana	11:30 AM Chill Flow Open Level Valentina	11:30 AM Kundalini Open Level Adriana	11AM Aerial Yoga Open Level Ganapati	11:30 AM Yin Bliss Open Level Maye
		1PM Belly Dance Open Level Victoria				
5PM Restorative & Soundbath Bernice	5PM Kundalini Kriya Open level Rum		5PM Bellydance Open Level Victoria			
6:15PM Hatha Yoga Open Level Madeline	6:15PM Intermediate Vinyasa Casey	6:15PM Qigong, Breath & Meditation Mano	6:15PM Candlelight Yin Open Level Rum	6PM Aerial Yoga Open Level Susan		6PM Yogi Book Club Reading Required Madeline
7:30PM Vinyasa Open Level Mano	7:45PM Restorative & Soundbath Adriana	7:30PM Vinyasa Open Level Cheli	7:45PM Restorative & Soundbath Adriana			7:30PM Kundalini Reset Rebecca



PRICING

New Student Special

6 classes (2 weeks)

\$85

One Time Options

Single Class

\$35

5 Classes (5 weeks)

\$160

10 Classes (10 weeks)

\$300

3 Month Membership

4 Classes/ Month

\$110

8 Classes / Month

\$200

16 Classes / Month

\$300

6 Month Membership

4 Classes/ Month

\$100

8 Classes / Month

\$180

16 Classes / Month

\$280

Special Discounts

Seniors & Students

Discounted drop in:

\$25