

**MON****TUE****WED****THU****FRI****SAT****SUN**

7:30 AM  
**Himalayan  
 Vinyasa**  
 All Levels  
**Lyza**

9:30 AM  
**Aerial  
 Restorative**  
 Level 1  
**Susan**

11:30 AM  
**Slow Flow**  
 All Levels  
**Barbara**

6:15 PM  
**Hatha**  
 All Levels  
**Madeline**

7:30 PM  
**Vinyasa**  
 All Levels  
**Mano**

7:30 AM  
**Ashtanga  
 Vinyasa**  
 All Levels  
**Casey**

9:30 AM  
**Vinyasa  
 360**  
 Level 2  
**Mano**

12 PM  
**Aerial Yoga**  
 All Levels  
**Anzhela**

6 PM  
**Yoga Trapeze**  
 Level 1  
**Hanna**

7:30 PM  
**Restorative  
 & Soundbath**  
 All Levels  
**Adriana**

7:30 AM  
**Himalayan  
 Vinyasa**  
 All Levels  
**Lyza**

9:30 AM  
**Hatha Yoga**  
 All Levels  
**Mano**

11:30 AM  
**Kundalini**  
 All Levels  
**Adriana**

6:15 PM  
**Qigong  
 Breathing &  
 Meditation**  
**Mano**

7:30 PM  
**Vinyasa**  
 All Levels  
**Madeline**

7:30 AM  
**Ashtanga  
 Vinyasa**  
 All Levels  
**Casey**

9:30 AM  
**Vinyasa  
 360**  
 Level 2  
**Mano**

11:30 AM  
**Restorative  
 Breathing &  
 Meditation**  
**Tejasa**

6:15 PM  
**Slow Flow**  
 All Levels  
**Barbara**

7:30 PM  
**Restorative  
 & Soundbath**  
 All Levels  
**Adriana**

9:30 AM  
**BLISS  
 Flow**  
 Level 1  
**Michelle**

11:30 AM  
**Kundalini**  
 All Levels  
**Adriana**

6 PM  
**Aerial Yoga**  
 All Levels  
**Susan**



9:30 AM  
**Himalayan  
 Vinyasa**  
 Open Levels  
**Lyza**

11:30 AM  
**TBD**

9:30 AM  
**Vinyasa**  
 All Levels  
**Mano**

11:30 AM  
**Yin BLISS**  
 All Levels  
**Maye**

8 PM  
**Meditation  
 & Soundbath**  
 All Levels  
**Kateryna**

# PRICING

**NEW STUDENT SPECIAL**  
 6 CLASSES (2 WEEKS)      \$85

**ONE-TIME OPTIONS**  
 SINGLE CLASS      \$35  
 5 CLASSES (5 WEEKS)      \$160  
 10 CLASSES (10 WEEKS)      \$300

**3-MONTH MEMBERSHIP**  
 1 VISIT A WEEK      \$110  
 2 VISITS A WEEK      \$200  
 4 VISITS A WEEK      \$300

**6-MONTH MEMBERSHIP**  
 1 VISIT A WEEK      \$100  
 2 VISITS A WEEK      \$180  
 4 VISITS A WEEK      \$280

**FIU / MDC STUDENTS**  
 1 CLASS      \$25